

Starting Well

Theme Focus

Hampshire Health & Wellbeing Board

17 March 2022

Starting Well Theme - Priority Areas

Priority Areas	Actions
The emotional wellbeing of children in the context of Covid Recovery	Further coordination of actions and plans
The rise in domestic abuse in the context of Covid Recovery	Overseeing the work of partners engaged in the approach to tackling Domestic Abuse and to understand the broader impact of domestic abuse during Covid and the impact upon services

Emotional Wellbeing

- The commissioning of a new 24/7 Digital platform for self-help and counselling support (Kooth.com) from May 2021
- Introducing commissioning of consistent paediatric psychiatric liaison arrangements to support children and young people presenting to hospital in mental health crisis
- Increasing the capacity of intensive home treatment services and eating disorder services within specialist CAMHS services to meet additional presentations
- Increasing the capacity of core CAMHS services to increase their contact capacity and the Single Point of Access in response to the increased number of children and young people being referred into community CAMHS services
- Increasing the capacity of the community counselling services outside of specialist CAMHS to increase their capacity to respond to the increased levels of referrals into these services
- Investment in the prevention and early help capacity of Hampshire CAMHS services to work with local schools and services via reinstatement of mental health forums for schools, health and wellbeing drop ins, the Care Programme and the Mental Health Ambassadors Programme
- Mobilisation of an additional five Mental Health Support Teams in schools from January 2022 covering Rushmoor, Hart, Basingstoke, Andover and the New Forest

Wellbeing for Education Recovery

The Wellbeing for Education Recovery fund has been given to LA's to build on the previous Wellbeing for Education Return project to offer further support to local schools and colleges to better meet the wellbeing and mental health needs of their pupils and students, impacted by COVID, into this academic year and during the recovery period.

How has the funding been allocated?

- Development of Emotional Wellbeing and Mental Health online directory. This will be integrated into the new Family Information Service Hubs (FISH) but will be a specific section within both. The directory will have information for children and young people, and their adult carers / education professionals.
- Funding extension of the online counselling service offered by Kooth (website).
- Additional support for education setting leaders, to include Head Teachers (H & IOW) and Deputy / Assistant Heads.
- Online webinars on a range of emotional wellbeing and mental health topics for all professionals working in education settings and early years across Hampshire.
- HCC training on Emotional Based School Avoidance (EBSA) training for education settings across Hants (dates TBC for summer term).

Emotional Wellbeing & Mental Health Coordination

Jointly funded posts between Children's Services, the CCG and Public Health for an initial 12 months, which will:

1. To improve joint working between key partners through the:

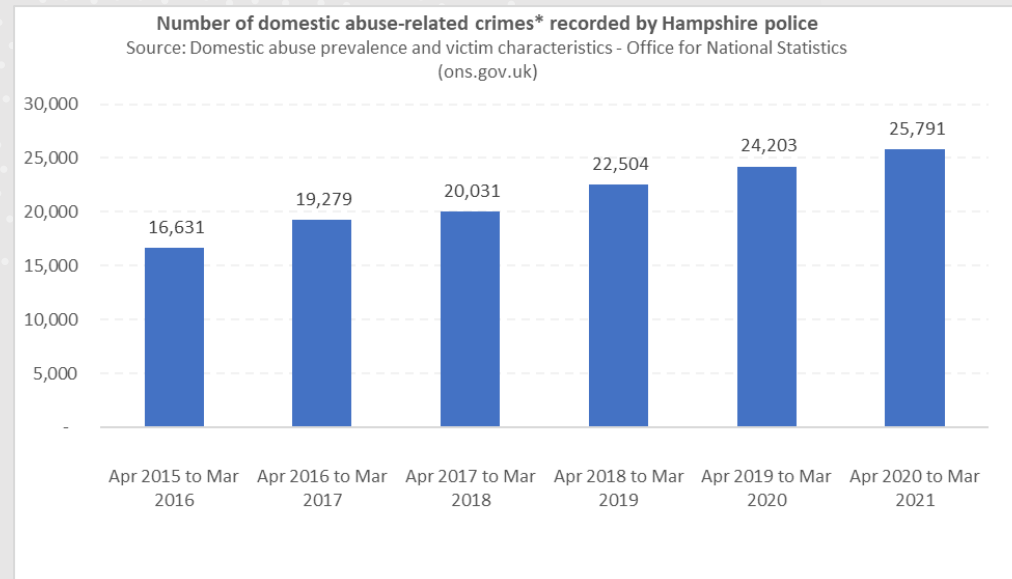
- re-establishment of **joint children's governance**
- establishment of a **single directory of support** for families and professionals, with a complementary multi-agency signposting and comms strategy to drive access and uptake

2. To produce a joint business case for the development of emotional wellbeing and mental health interventions for children which includes:

- A comprehensive **map of commissioned and 'in house' services** including key performance indicators
- Working with the JSNA, and other existing metrics, undertake a high-level **assessment of needs** - lead by time/ resource available.
- Developing a **participation strategy/approach** for emotional wellbeing and mental health to ensure the voice of children and their families is heard.
- Working with colleagues in Public Health, Education & Inclusion, and Children and Families branches of Children's Services to clearly **identify opportunities for improvements to existing services and gaps in provision.**
- A high-level **plan** with resource requirements for implementation.
- Identifying **opportunities for closer alignment** between partners (such as Public Health Nursing) and commissioned service providers to reduce demand on CAMHS.

Domestic Abuse: impact of COVID-19

- Increase in domestic abuse-related crimes in Hampshire, but this follows increases seen in previous years and may reflect improved recording by the police alongside increased reporting by victims
- National increase in demand for support services – more victims sought support after lockdown measures were eased, when it may have been safer for them to do so
- Within HCC footprint, referrals to victim services (Stop Domestic Abuse) rose from 5,357 in 2019/20 to 6,744 in 2020/21. Based on figures for the first three quarters, referrals for 2021/22 are estimated to be in the region of 7,200.



COVID-19: Domestic Abuse Strategic Partnership Plan



Training and communications

- Webinar series with HSCP
- Multiple social media awareness campaigns
- Public Space Reporting (hairdressers, libraries, salons, supermarket, pharmacies)
- Schools briefings
- Targeted work with hidden/hard to reach groups
- Improved pathways for CPV/APV



Work with perpetrators

- 3 new pilot projects across 4 LA areas (incl. academic evaluation):
 - Repeat families pilot
 - Professionals' education pilot
 - Machine learning pilot for risk prediction
- Ensuring adequate responses continued for behaviour change programmes, 1st time perps, CARA, DVPO requests & with courts during the pandemic



Support for victims

- Specialist services (e.g. refuge, outreach) adapted throughout pandemic.
- Aurora New Dawn created a new COVID-19 out of hours helpline.
- HHFT advocates in maternity and ED settings
- Response to increase in cyber stalking
- Successful virtual MARACs/HRDAs
- Workplace policies renewed



Children and Young People

- Re-promotion of Op Encompass with schools
- Some additional support and training to schools from providers
- Schools briefings
- Review of safeguarding procedures in light of pandemic
- Online support available by providers to older children & young people



Partnership data & learning

- DA Exec Group created to oversee delivery of the COVID DA Strategic Partnership Plan
 - Data and joint planning work
- Preparation for and implementation of the Domestic Abuse Bill/Act
- DHR's - development of systems, joint working and sharing of learning
- Joint bids to multiple funding streams – e.g. HO, MoJ



Demand management

- Identify solutions to manage increased demand on victim services
- Research undertaken on Pan Hampshire concept for single point of access to services

Domestic Abuse Act 2021

The [Domestic Abuse Act](#) received Royal Assent on 29 April 2021

There are six key areas:

Part 1: Definition of “domestic abuse”

Part 2: The Domestic Abuse Commissioner

Part 3: Powers for dealing with domestic abuse

Part 4: Local authority support

Part 5: Protection for victims, witnesses, etc in legal proceedings

Part 6: Offences involving abusive or violent behaviour

An overarching factsheet is here: [Domestic Abuse Act 2021: overarching factsheet - GOV.UK \(www.gov.uk\)](#)



April – December 2021

Holiday Activities and Food Programme

- During 2021, Councillor Chadd approved 267 separate grant awards totalling approximately £2,986,436
- Three types of grant:
 - Grant Type A – Existing or New Childcare Places
 - Grant Type B – Events, short activities, innovative projects and initiatives
 - Grant Type C – Creating and connecting (Easter 2021 only)
- Under Type A applications were received from 46 organisations for 194 projects.
- Under Type B applications were received from 20 organisations for 100 projects.
- Under Type C applications were received from 6 organisations for 6 projects.
- The Hampshire HAF Programme through the recommended awards secured 76,756 places, which would provide for 12,668 – 25,322 FSM children to access the scheme.

	Primary-aged children	Secondary-aged young people
FSM / Non-SEND	15,683	2,048
FSM with SEND	1,034	162
Other Vulnerable (Christmas only)	233	35
TOTAL number of HAF-funded attendees	16,950	2,245
Other – paid-for	19,128	1,598
TOTAL number of attendees	36,078	3,843

Provider breakdown

Organisation type	Voluntary or community based	Local Authority	School	Private organisation
No of providers	7	3	6	32

Venue breakdown

Venue type	Number
Post 16	4
Primary	39
Secondary	24
Non school	36

2021 Performance by District

District	Total FSM	Awarded Places	Booked Places	% Booked	Attended Places	% Attended	Total Spend
Basingstoke & Deane	4013	9382	8261	88%	6494	79%	£334,546.00
East Hants	1584	4470	3532	79%	2821	80%	£197,518.00
Eastleigh	2990	8046	7206	90%	5613	78%	£267,710.00
Fareham	2073	3423	3641	106%	3085	85%	£162,431.00
Gosport	2480	7977	8658	109%	7538	87%	£273,885.00
Hart	1215	2466	1894	77%	1498	79%	£95,472.00
Havant	4897	11969	11362	95%	9837	87%	£519,451.00
New Forest	3582	8197	6949	85%	5774	83%	£310,815.00
Rushmoor	2056	4844	4637	96%	3906	84%	£149,255.00
Test Valley	2557	5283	4629	88%	3683	80%	£255,004.00
Winchester	1761	6189	6390	103%	4522	71%	£209,909.00
Hampshire wide (C4S schemes)		3000	3000	100%	3000	100%	£154,000.00
Total	29208	75246	70159	93%	57771	82%	£2,929,996.00

Signposting to other services

- ✓ 11 families were helped to seek support through Early Help Services
- ✓ Providers went to the local food bank to collect and then deliver food to a family in need, others delivered parcels to some families
- ✓ Numerous referrals were made to local food banks
- ✓ Book Trust partnered 7 providers across 9 schemes in Havant and Gosport, promoting reading and literacy
- ✓ Providers helped families apply for food vouchers, Parents were helped to check eligibility for FSM, Tax Free Childcare and other benefits and to sign up to employment projects and training
- ✓ Parents of children with SEN were introduced to local support groups
- ✓ Individual families were signposted to get help such as positive behaviour management, encouraging good sleep, bed wetting, emotional wellbeing.
- ✓ 7,000 free toothbrushes and toothpaste were provided to all settings to promote good oral health
- ✓ 17 referrals were made to the Multi Agency Safeguarding Hub and 1 to the LADO

Providers also referred families to numerous other services, including: free and low cost play schemes; youth clubs; Employment Support Workers; disability advice services; Autism Hampshire; Moving On counselling project; Young Carers; many food banks and community pantries and Fareshare, and many others.

Feedback

Magna camp has been a life saver. I just want to thank all the team for keeping my son entertained. If it weren't for Magna camp, myself & dad would have really struggled. Please keep up with the great work

I absolutely loved the sessions and honestly looked forward to the following day. Given his additional needs I felt very happy and confident that his needs were met and that nothing was a problem for any of the staff. please book him on all future sessions so that he has a place

This project is so important to us, especially this time of year. Money is tight but our children have had days out, been fed and come home with presents. They had a great time

The scheme really helped with my daughter's sleep problems and her attitude. A huge Thank You. L loves youth hub and all the activities. It helps her to keep busy, active, learning and happy. Thank you for supporting our children

It was a really good experience for my child, he needs to have someone entertaining him at home all the time. Thank you Motiv8

Case Studies Summary

Pre-scheme contact with a mum

The week before the project was due to start, we had a conversation with a mum, which started as 'no, nothing else we need to know about X', to recently moved due to DV, homeless, no food/little in the fridge, or cupboards and no money till pay day.

We were able to double check they had all the support re the DV and housing and we also ordered a 'Pay it forward' Christmas hamper, which they picked up next day. The project was worth its weight in gold before it even started.

Families with SEND

We had a number of students with special needs on this one and the parents commented that they were pleased that their young people could attend a session where they were mixing with other young people from different schools and of different abilities, rather than it just always being special needs focused.

A grateful mum

The Christmas holidays were genuinely harder than I can tell you, so I was desperate, but half term should be a walk in the park. Honestly, sitting by the stage on that second day, watching X enjoy himself, it brings tears to my eyes even now, because the first fun day was my target, like when you're on a long walk in the rain with a bad blister, and you can see the top of the hill in the distance, you're exhausted and cold and you just keep telling yourself it will all be OK once you get over this hill. Just make it to the fun day, once you've done the fun day it will get easier. I just sat there, so damn thankful, so relieved, because every other thing about his birthday and Christmas was on me, my responsibility entirely, but you gave me that second day, which was OVER the top of the hill, heading down the other side, and the sun was coming out.

Lessons Learnt from Christmas

- Organisations who are already working within communities make the most impact
- New providers to an area require greater support to understand and engage with local services
- Some organisations struggle to deliver well across all the HAF standards
- HAF standards have raised the quality of delivery across the holiday activity sector, with more work still to do
- Teen provision in Hampshire and nationally has lower take-up

2022

- Gives us the opportunity to think more strategically
- Gives us the opportunity to commission core providers for up to 3 years and to encourage innovation through one-off small grant rounds
- Gives us the opportunity to get children & young people involved in planning
- In the meantime...we are open for grant applications for the Easter holidays until 20 February 2022



Any Questions?